|  |  |  |  |
| --- | --- | --- | --- |
|  **Blue** |  **Green** |  **Yellow** |  **Red** |
| Image result for sadness inside out | Image result for joy inside out | Image result for inside out worry | Image result for inside out anger |
| **Sick****Sad****Bored****Tired****Moving Slowly** | **Happy****Calm****Good to Go****Focussed****Happy to Learn** | **Frustrated****Worried****Anxious****Silly/Wiggly****Excited** | **Mad/Angry****Mean****Yelling/Hitting****Out of control****I need Time and Space** |